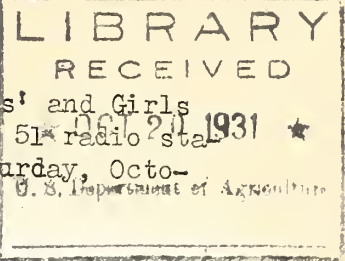


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A radio talk by Gertrude L. Warren, Organization Boys' and Girls Club Work, Extension Service, delivered through a network of 51 radio stations associated with the National Broadcasting Company, Saturday, October 3, 1931.

Club members and friends, it is a pleasure this beautiful day in Washington to discuss the significance of the Heart H of our 4-H Club insignia. Last week at the Eastern States 4-H Club Camp in Springfield the young people unanimously voted to do all they could this winter to relieve distress. They set up as their program to make the most of everything they had; to create lots of cheer in their homes; to be real partners with father and mother; and to give as much as they could to those in distress. At the conclusion of their discussion they gave the Club pledge. How I wish that they could have broadcast it to you--for it rang with sincerity! It came from the heart.

It is that same spirit that has prompted many 4-H club young people to make such outstanding contributions for the good of their communities. Our reports are full of instances of our Club girls taking time to teach neighbors what they have learned in their canning and clothing club work especially. And, as you probably already know, many of them have been putting up extra jars of fruits and vegetables this summer for those who may be in need this coming winter.

In a 4-H Big Sisters' Club in a Massachusetts town, the Club girls' constant thought is how they can do better for a younger sister or brother. Halloween will soon be here, and they will have their Halloween Party for the little tots as at Christmas they will have a Christmas tree. But, they do not stop with cheer alone. They relieve their mothers by helping these tots to eat proper food, to wear healthful clothing, to rest at proper times during the day, as well as to play those games that will help them to develop best.

Now should I neglect to mention what our 4-H Club boys are doing. I have known many a young man who has sold his pure seed to the farmers of his own community--at a reasonable price--rather than receive the premium price that quality seed will command on the open market. Many a young man too has sold his purebred calves to younger club members at a very reasonable price and taken notes in order that these younger club members may, in turn, have opportunities similar to his in 4-H Club work.

There is one point here that I would like to emphasize, and that is that there is just as much training needed to develop well the Heart H as any of the other three H's. Along this line it is gratifying to note the increase in the number of evening vespers at summer club camps. Our Dr. C.B. Smith in his inspiring description of such evening meetings, says:

"I have been a witness, lately, of the cultural and soul value of our vesper services, conducted at camps by our 4-H Clubs. To sit on a hilltop in silence and meditation as the sun goes down and the shadows lengthen, to think together on things clean and worthy, to direct the mind away from material to more spiritual things, to commune with the soul, are all cultural things that help lift the mind up into the realm of the Creator and constitute a steadying influence, in the midst of a very busy and dizzy world, that is worth

while and should be made more generally a part of our club program. We can contribute something to the world's spirituality and saneness if we so desire. The opportunity and the need is here."

There is still another aspect of the Heart H that I would like to point out to you. Many people see only the superficial side, but there is the other side--that reveals itself to you when you ask honestly: "Have I developed as much as I am capable of doing?" If you are square with yourself, if you do your best, if you forget about your own selfish longings, in putting your best into the job, then you are bound to succeed. Have you ever thought when you exhibit or prepare your record that you are turning your inner self outside? For that exhibit or record is really you. The dress made in 4-H Club work is an expression of the innermost girl. The baby beef is more than an animal. It is an expression of what the boy thinks of a baby beef should be and his efforts, will-power, and understanding to make it so.

And, perhaps, more important than all else to remember, is the fact that it is only when the Heart H is right that 4-H Club work can bring about genuine growth and achievement. That is one reason why we are honoring next year throughout our whole country George Washington. His heart was right. He was courageous. He achieved. So you as 4-H Club members may have courageous hearts that are right. And especially this winter if it should prove to be drear, may you meet it squarely, adding cheer, giving aid, being known truly as 4-H Club home, and community builders!